

Orange County Services for Youth and Young Adults

Youth and young adults of transition age have unique needs and strengths. This resource includes information from local Orange County agencies and organizations that offer developmentally appropriate supports for youth and young adults.

CRISIS SUPPORT

If you or someone you know is in distress, help is available now!

24/7 Suicide Crisis Line – English and Spanish: **1-800-273-TALK (8255)**

24/7 Crisis Chat: didihirsch.org/chat

24/7 Crisis Text for deaf and hard-of-hearing: **text HEARME to 839863**

Korean Crisis Line (4:30 p.m. - 12:30 a.m. daily): **877-727-4747**

Teen Line (6 – 10 p.m. daily): **800-852-8336**

24/7 TrevorLifeline (LGBTQ): **866-488-7386**

24/7 TrevorText (LGBTQ): **text START to 678-678**

SELF-CARE RESOURCES

GritX Self-Care Toolkit: <https://www.gritx.org/self-toolkit>

GritX Catch Your Breath exercises: <https://www.gritx.org/breathing>

Self-Care Plans – Why They’re Helpful Right Now! (Youth MOVE National):

<https://youthmovenational.org/self-care-plans-why-theyre-helpful-right-now>

Coping with Coronavirus Self-Help Guides: <https://copingwithcoronavirus.co.uk/self-help-guides.html>

ORANGE COUNTY MENTAL HEALTH & COMMUNITY SUPPORTS

Orange County Health Care Agency Behavioral Health:
Transitional Age Youth

Providence Community Services (PCS)

- [STAY Process \(Supporting Transitional Age Youth\)](#)
STAY Process focuses on transitional age youth (TAY), ages 16 through 25 years, who are seriously emotional disturbed (SED) or severely mentally ill (SMI) frequently complicated by substance abuse, who might benefit from increased integration into the community.

Orange County Asian Pacific Islander Community Alliance (OCAPICA)

- **[Project FOCUS \(For Our Children's Ultimate Success\)](#)**
Project FOCUS serves culturally and linguistically isolated Asian and Pacific Islander individuals and families in Orange County. The community-based, client-centered program develops individualized care plans for children and transitional age youth (TAY), ages 0 through 25 years, who have serious emotional disturbances (SED) or severe mental illness (SMI).

Community Service Programs, Inc. (CSP)

- **[YOW \(Youthful Offender Wraparound\)](#)**
YOW provides culturally competent, in-home and community based intensive mental health rehabilitation and case management services to youthful offenders who have serious emotional disturbances (SED) or severe mental illness (SMI).
- **[Collaborative Courts](#)**
Collaborative Courts Full Service Partnership (CCFSP) provides culturally competent in-home and community-based intensive mental health rehabilitation and case management services for consumers, dependents and/or wards ages 0-25, who have serious emotional disturbances (SED) or severe mental illness (SMI), and/or truancy and substance abuse issues.

Contact Information:

For Children & Transitional Age Youth MHSA Programs and Data information, you may contact:

James P. Harte, PhD (jharte@ochca.com)
Program Manager MHSA Programs
Children and Youth Services

<https://www.ochealthinfo.com/bhs/about/pi/mhsa/fsp/tay>

Orange County Social Services Agency: Youth Services

This section contains information about services and programs for youth 14 years of age through their 25th birthdays. You will also find information about the **[Independent Living Program \(ILP\)](#)**, which provides services for ILP eligible youth from 16 years of age until their 25th birthdays. (Eligibility is based on whether a youth was placed in out-of-home care on or after his or her 16th birthday. Contact the number below for questions about eligibility.)

ILP services are provided by **[Orangewood Children's Foundation](#)** and the Orange County Children and Family Services Transitional Planning Services Program (TPSP). The goal is to support youth in achieving self-sufficiency and stability upon leaving the child dependency system. This includes assisting the youth in establishing and achieving goals related to:

- **[Education](#)**: Completing high school or its equivalency and having a plan for pursuing post-secondary education.
- **Housing**: Securing a safe, stable place to live.
- **[Medical/Health](#)**: Obtaining regular medical examinations and securing medical insurance or completing the steps for maintaining Medi-Cal eligibility.
- **Permanent Connections**: Establishing relationships with at least one safe, stable adult upon whom the youth can rely for emotional support and guidance.
- **[Employment](#)**: Securing a job that will provide a stable source of income.
- TPSP staff also support former dependent youth with accessing community resources to achieve these life goals.



TPSP and the [Orangwood Children's Foundation](#) partner to provide current and former foster youth with the following services:

- [ILP Workshops](#) focus on establishing life skills (e.g. budgeting, cooking, educational opportunities, and healthy relationships)
- Access to transitional housing (THP Plus)
- Financial assistance
- [Vocational assessments](#) and career counseling
- Youth advocacy opportunities
- Mentoring

Contact Information:

TPSP staff can be contacted at (714) 704-8000. Ask for the TPSP Officer-of-the-Day.

<https://www.ssa.ocgov.com/adopt/youth>

Crittenton's Stepping Stones Program for Transitional Age Youth

Serving former foster youth with no family support systems (21-24 years of age). Crittenton also works with pregnant/parenting young mothers, young fathers, and former crossover youth that were system-involved (foster care and/or juvenile justice).

Services provided:

- Housing specialists available to assist clients find stable housing
- Access to Crittenton's outpatient mental health services
- In-home crisis interventions and counseling
- Parenting skills counseling
- Life skills training
- Case management
- Education and workforce readiness
- Linkages to additional social services and other support services within the community
- Easy access to Crittenton staff for additional support and guidance

Contact Information:

For questions, please email: info@crittentonsocal.org

<https://crittentonsocal.org/crittentons-stepping-stones-program>

Project Kinship Corner of Hope: Youth-TAY(Transitional Age Youth)

Corner of Hope includes key sets of activities such as tutoring, homework assistance, and a youth-focused restorative circle. The restorative circles build a sense of community by creating a safe space for participants, staff, and other stakeholders (e.g., family members, administration) to interact. Corner of Hope follows a trauma-informed approach that allows participants to assess environmental, family, and peer-related challenges that can be addressed and supported as a group. Through Corner of Hope, youth participate in topics relevant to their needs, which they named "PK Youngsters." Through this program, PK



Youngsters began to see power in their stories, and many began to write poems and songs. Older youth have become key team players in serving as mentors to those who are younger and newer to Project Kinship services.

Contact Information:

2215 N. Broadway Suite 2 Santa Ana, CA 92706

info@projectkinship.org

(714) 941-8009

<http://projectkinship.org/programs/#transitional>

OC Center for Resiliency, Education, Wellness (OCCREW)

Orange County crew serves teens and adults ages 14-25 who have experienced a psychosis episode in the last 12 months. They assist families and students who have had a diagnosis of depression, bi polar or trauma. They work collaboratively with the families to provide assessment, promote wellness and recovery and list educational resources.

Contact Information:

792 W. Town & Country Road, Orange, CA 92868

OC_CREW@ochca.com

(714) 480-5100

<https://www.ochealthinfo.com/bhs/about/pi/early/crew>

Orangewood You(th) Center/Resource Center

The Orangewood Resource Center (ORC) is available to assist youth with services needed to become independent. The goal is to provide youth with individualized guidance and assistance to help you live independently. The ORC is a one-stop resource for information on other Orangewood programs and referrals to other organizations that can help.

This is a place for youth to drop in or call ahead for an appointment! Youth can access employment leads, create a professional resume, and receive interview tips. They may receive guidance and assistance related to:

- Job training
- College
- Shelter information and housing resources
- Information on other Foundation programs
- Computers, copier, fax machine, and washer/dryer!
- Food, hygiene items, and clothing (depending on availability)

Drop-in Hours: Monday to Friday 10:00 AM - 2:00 PM; Closed Saturdays and Sundays

Meal Times: Snack 10:00 - 10:30 AM / Lunch 12:00 - 12:30 PM

Contact Information:

Lead Youth Support Specialist,
Lisa Evans (714) 619-0257 or
fax (714) 796-2140

levans@orangewoodfoundation.org

Orangewood Foundation

1575 E. 17th Street
Santa Ana CA 92705

www.orangewood4you.org/orangewood-resource-center



OC Housing & Homeless Services (Youth)

South Coast Community Services serves transitional age youth ages 16-25. This is a six-bed residential program for transitional age youth (TAY) who have experienced a mental health crisis but do not meet the criteria for in-patient hospitalization. The program provides assistance with stabilization and linkage to longer term supports.

Contact Information:

(877) 527-7227

(714) 966-5338

Mental Health Outpatient Clinic

2124 Main Street, Suite 165

Huntington Beach, CA 92648

Wraparound OC

1661 N. Raymond Ave., Suite 200

Anaheim, CA 9280

www.sccskids.org

Build Futures provides immediate housing to homeless 18- to 24-year-olds in Orange County. With the rising drug problem, dangerous street life, and human trafficking in Orange County, it is imperative that clients access housing within 24 hours of referral, usually the same day. Build Futures then provides them the services, resources, and support they need to obtain and maintain stable employment and long-term independence.

Contact Information:

(714) 907-7358

buildfutures.org

Olivecrest Project Independence is a comprehensive program that provides foster youth 15-24 years of age with the support and training that is necessary to become independent and successful adults. Whether in foster care, group homes, transitional housing or living on their own, Project Independence creates a personal relationship-based plan designed for each youth's specific needs.

Contact Information:

(714) 543-5437

<https://www.olivecrest.org/inland-communities/project-independence>

